

00:13:40 Brooke Johnson: Brooke - Glendale, AZ

00:13:41 adriana borek: Adriana from Glendale, AZ

00:13:47 Richard Kemper: Dick Kemper CMAA Midlothian, Va.

00:13:48 Kai Roemmelt: Kai Dallas, TX

00:13:49 Jennifer Betz: Jennifer - Clearmont, WY

00:13:50 Traci Nigg: Columbus, Ohio

00:13:51 Joe Johnson: Joe Johnson, Asheville Christian Academy, NC

00:13:51 Heather Creger: Heather Creger- St. Louis, MO

00:13:51 jennifer.tomas: Jennifer from Silsbee, Texas

00:13:51 Janel Batten: Janel Batten Pulaski WI

00:13:52 Robin Cummings: Robin - Sacramento, CA

00:13:54 Carolyn O'Connell: Carolyn O'C Evanston, Illinois

00:13:57 Lisa Morelli: Lisa from Columbus, Ohio

00:13:57 David Flattery: Fort Dodge, IA

00:13:57 Ben Bachmann: Ben from New Carlisle, IN

00:13:58 Pam Behee: Bellingham, WA

00:13:58 Tina Knight-Gray: Tina Gray Dickinson, TX

00:13:59 Ivan Asteghene: Ivan, Atlanta, GA

00:13:59 Nanel Walter: Nanel Walter, Shiprock NM

00:14:00 Dan_Headley: Round Rock Texas

00:14:00 Karan Wade: Philadelphia PA

00:14:00 Jim Shuman: Jim Shuman, CAA - Greenville, SC

00:14:01 Jon Pereiro: Joliet, IL

00:14:03 Jenny Hovendick-Savick: Jenny - Glenville, MN

00:14:05 David Gatoux: David Gatoux, Charlotte, NC

00:14:08 Jeryl Fischtziur: Jeryl from Kenner Louisiana

00:14:10 Shawn Chaffin: San Diego, CA

00:14:13 Bret Simon: Bret - Atherton, CA

00:14:15 David Gatoux: David Gatoux, Charlotte NC

00:14:20 Darryl Nance: Darryl Nance, CMAA Grenville, SC

00:14:21 Ron Swingle: Ron, Berwick, PA

00:14:21 Jeff Behrens: Jeff Behrens - Pewaukee, WI

00:14:21 Leah Gilliam: Leah Matthews Gilliam, Fort Worth, TX

00:14:24 Marty Bitter: Marty Bitter from Madera, CA

00:14:49 Esoleta Lofton: Leta Lofton Benbrook HS Fort worth Texas..Hello

00:14:50 Theresa Kuzmaul: Theresa, Bryan, OH

00:15:07 Darius Long: Darius Long-Durham, NC AD/Joy Charter

00:15:31 Pat Kohan - AD Insider: <https://www.hometownticketing.com/partners/highschool-digital-ticketing/>

00:16:01 Tim Pezzetti: Tim Pezzetti - Gilbert, IA

00:16:42 Lisa Langston: Lisa Langston, CMAA, Fort Worth (TX) ISD

00:32:36 Pat Kohan - AD Insider: Would love to hear about programs that you're doing at your school.

00:34:14 Lisa Morelli: OSU LifeSports is doing a great job trying to reach school and youth coaches all across Ohio. I believe a rep from them is here on this chat

00:34:45 Darryl Nance: All of our high schools(15) through their student government leadership had a "mental health awareness week" where each day of the week had a focus - random act of kindness day as an example,

00:35:48 Chandler Wagner: We have a coach who is in the mental health space professionally, so we had a dinner for all of our coaches where he shared his own story and spoke on the importance of this among athletes. That felt less "top down" and relational to the coaches instead of the Athletic Department saying "You must do XYZ to address this on your teams."

00:36:48 Darryl Nance: its start on a bigger process.

00:37:08 Traci Nigg: Thank you Lisa! Yes, Traci here from OSU LiFEsports and specifically the Coach Beyond project. Thankful for this conversation!

00:39:39 Pam Behee: A Message from the Bellingham Public Schools Foundation

Next week from May 2 to 6, the Foundation invites our entire community to participate in the second annual JOY Project. We are celebrating five days of joy in our schools with suggested actions for each day to share with one another. In Bellingham, we are lucky to have a great community and great schools. Let's celebrate them together.

Beginning Monday, May 2 choose one act centered around the daily themes below:

May 2: Diversity is beautiful

May 3: Art and music inspire

May 4: Eat good food

May 5: Staff appreciation

May 6: Get active

00:40:04 Buffie Williams: At our school, we invite our school counselors to a coaches meeting where they speak to the coaches about mental health awareness and give them tools to deal with issues (listen rather than offer advice). The coaches are told to inform the AD and the counselors if they notice an athlete is struggling.

00:41:43 Pam Behee: Additionally, we're trying to support students through focusing each season on a different area outside of themselves. This season is "Only 7 Seconds" because it can take as little as 7 seconds to show someone that they matter.

00:52:33 Darryl Nance: Really good coaches coach the athlete beyond the sport. Must coach the whole athlete.

00:57:19 Pat Kohan - AD Insider: <https://www.youtube.com/watch?v=Sdk7pLpblls>

00:57:25 Pat Kohan - AD Insider: Here is that video

00:57:26 Buffie Williams: Victoria came to talk at our school...she is awesome. Yes, follow her on social media!

01:01:01 Pat Kohan - AD Insider: <https://www.mentalhealthfirstaid.org/>

01:01:20 Buffie Williams: Many schools post the suicide hotline in their locker rooms

01:01:38 David Gatoux: What is the name of the podcast?

01:01:48 Josie Nicholson - Ole Miss Athletics: Unit3d

01:01:56 Casey Rudzinski: Thanks!

01:02:00 Keith Cook: Thank you for the presentation!!!